



آکادمی ملی المپیک جمهوری اسلامی ایران
NOA I.R. IRAN



کمیته ملی المپیک جمهوری اسلامی ایران
NOC I.R. IRAN

Sports Cardiology Symposium 2022

ONLINE & ONSITE

16 August 2022



www.academy.olympic.ir



Summary

The Sports Cardiology Symposium 2022, is going to be performed the 16th August and it is going to be accessible both onsite in Tehran and online.

Organized under the auspices of the sports cardiology department of the sports medicine center of the National Olympic academy, a branch of the National Olympic Committee of Iran, along with well-known speakers from World Health Organization and Aspetar Orthopedic and Sports Medicine Hospital. The symposium will address an overview on Covid heart, cardiovascular response to exercise and up-to-date and comprehensive approach to the cardiac screening program in athletes for physicians and allied health professionals with interest in sports cardiology and cardiac physiology.

Learning objectives

After the symposium the participants will be able to:

- Differentiate between the normal and abnormal cardiovascular response to exercise
- Understand the impact of physical activity on health promotion
- Defining heart disease risk after COVID19- infection in athletes
- Familiar with up-to-date cardiac screening programs and protocols in athletes
- How to diagnose or exclude cardiac diseases in athletes

Target audience

- Cardiologists
- Sports medicine physicians
- Cardiac Physiologist
- Imaging specialists
- Physiotherapists
- Sports science specialist
- Nurses

Symposium Directors:

Scientific Director: Dr. Mehdi Anvari

Head of Sports Cardiology Department of the National Olympic Academy of Iran

Executive Director: Dr. Javad Norouzi

Member of Sports Cardiology Department of the National Olympic Academy of Iran



04:55 - 05:00 GMT

Welcome

Dr. Seyed Shamsedin Taghavi

Director of Sports Medicine Center, National Olympic Academy, Iran

05:00 - 05:30 GMT

Normal and Abnormal Cardiac Response to Exercise

Dr. Javad Norouzi

Member of Sports Cardiology Department, National Olympic Academy, Iran

05:30 - 06:00 GMT

The Covid Heart: Heart Disease Risk After Covid

Dr. Mehdi Anvari

Head of Sports Cardiology Department, National Olympic Academy, Iran

06:00 - 06:30 GMT

Physical Activity and Health Promotion

Dr. Rüdiger Krech

Director of the Health Promotion Department, World Health Organization

06:30 - 07:00 GMT

Coffee Break

07:00 - 07:30 GMT

The Aspetar Screening Program - The protocols and the evidence behind them - an overview

Dr. Carmen Adamuz

Sports Cardiologist, Aspetar Orthopedic and Sports Medicine Hospital, Qatar

07:30 - 08:00 GMT

The Development and Running of a National Cardiology Screening Programme - the nursing managers view

Nelly Khalil

Chief Nurse and senior screening manager, Aspetar Orthopedic and Sports Medicine Hospital, Qatar

08:00 - 08:30 GMT

Cardiology Follow up to Diagnose or Exclude Cardiac Disease in Athletes - which test and when?

Prof. Dr. Guido Pieles

Head of Sports Cardiology and Screening, Aspetar Orthopedic and Sports Medicine Hospital, Qatar



Timing of lectures

	GMT	Tehran	Doha	Geneva
Dr. Seyed Shamsedin Taghavi	04:55-05:00	09:25-09:30	07:55-08:00	06:55-07:00
Dr. Javad Norouzi	05:00-05:30	09:30-10:00	08:00-08:30	07:00-07:30
Dr. Medi Anvari	05:30-06:00	10:00-10:30	08:30-09:00	07:30-08:00
Dr. Rüdiger Krech	06:00-06:30	10:30-11:00	09:00-09:30	08:00-08:30
Dr. Carmen Adamuz	07:00-07:30	11:30-12:00	10:00-10:30	09:00-09:30
Nelly Khalil	07:30-08:00	12:00-12:30	10:30-11:00	09:30-10:00
Prof. Guido Pieles	08:00-08:30	12:30-13:00	11:00-11:30	10:00-10:30

Registration

Registration deadlines:

- Up to August 12: Onsite registrations
- Up to August 14: Online registrations

Language

English

Registration fee

Free

For formal inquiry please contact with **Dr. Javad Norouzi, Scientific secretary of the symposium**

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Venue: National Olympic Academy, 8th Street, West Entrance of the Enghelab Sports Complex, North Seoul Street, Ayatollah Hashemi Rafsanjani Highway, Tehran, Iran



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