

وبینار بین المللی پیشگیری از آسیب های ورزشی

۲۰ آذر ماه ۱۳۹۹

International Sports Injury Prevention Webinar

10 December 2020



Speakers:



Lars Engebretsen

- MD PhD Professor
- Orthopedic Clinic,
- University of Oslo
- Co-Chair, Oslo Sports Trauma Research Center
- International Olympic Committee
- Head of Scientific activities



Evert Verhagen

- Professor | Department of Public and Occupational Health & Amsterdam Movement Sciences
- Co-director | Amsterdam Institute of Sports Sciences
- Chair | Amsterdam Collaboration on Health & Safety in Sports - IOC Research Centre of Excellence



Tim Meyer

- Prof. Dr. med. Tim Meyer
- Institute of Sports and Preventive Medicine
- Saarland University



Kathrin Steffen

- Senior researcher, PhD
- Oslo Sports Trauma Research Center, Norwegian School of Sport Sciences
- Norwegian Olympic Training Center (Olympiatoppen)

Topics:

- Familiarity with the structure and missions of sports injury prevention centers under supervision the IOC
- Injury prevention strategies in elite athletes

محورها:

- آشنایی با ساختار و مأموریت های مراکز
- پیشگیری از آسیب های ورزش تحت نظر IOC
- استراتژی های پیشگیری از آسیب در ورزشکاران نخبه



International Sports Injury Prevention Webinar

10 November 2020

Dear Colleagues,

On behalf of the Organizing Committee I invite you to participate in the International Webinar on Prevention of Sport Injury that will be held on December 10th in Tehran under auspices of Sport Prevention Injury Department of Iran Nation Olympic Academy. This webinar is for those interested in sport sciences aspects and provides an up-to-date knowledge and approach to prevent top level athletes from injuries. We hope to have the pleasure of welcoming you to the Webinar.

MH Alizadeh

NOC Sport Injury Prevention Department

Sports Injury Prevention Department of the National Olympic Academy of I.R. Iran

International Webinar on Sports Injury Prevention

December 00-16-13:00 ,2020 ,10 PM Iran (12:30-9:30 GMT).



09:30-09:35 (GMT)

Welcome Address



Reza Gharakhanloo

President of Olympic academy of Iran

09:35-09:45 (GMT)



Mohammad Hossein Alizadeh

Head of sport injury department

09:45-10:25 (GMT)

IOC work on prevention of injuries and illnesses in sports



Lars Engebretsen

- MD PhD Professor
- Orthopedic Clinic, University of Oslo
- Co-Chair, Oslo Sports Trauma Research Center
- International Olympic Committee
- Head of Scientific activities

10:25-10:55 (GMT)

To Predict or Protect, the Value of Screening in Sports Practice



Evert Verhagen

- Professor | Department of Public and Occupational Health & Amsterdam Movement Sciences
- Co-director | Amsterdam Institute of Sports Sciences Chair | Amsterdam Collaboration on Health & Safety in Sports - IOC Research Centre of Excellence

10:55-11:25 (GMT)

Prevention of illnesses in Olympic athletes



Tim Meyer

- Prof. Dr. med. Tim Meyer
- Institute of Sports and Preventive Medicine
- Saarland University

11:25-11:55 (GMT)

Injury prevention in Paralympic athlete



Kathrin Steffen





- Senior researcher, PhD
- Oslo Sports Trauma Research Center, Norwegian School of Sport Sciences
- Norwegian Olympic Training Center (Olympiatoppen)

11:55-12:30 (GMT)

Question and answer

General information

Timing of lectures

Panels	GMT				
Dr.Gharakhanloo	09:30-09:35	13:00-13:05	10:30-10:35	10:30-10:35	10:30-10:35
Dr. Alizadeh	09:35-09:45	13:05-13:15	10:35-10:45	10:35-10:45	10:35-10:45
Lars Engebretsen	09:45-10:25	13:15-13:55	10:45-11:25	10:45-11:25	10:45-11:25
Evert Verhagen	10:25-10:55	13:55-14:25	11:25-11:55	11:25-11:55	11:25-11:55
Tim Meyer	10:55-11:25	14:25-14:55	11:55-12:25	11:55-12:25	11:55-12:25
Kathrin Steffen	11:25-11:55	14:55-15:25	12:25-12:55	12:25-12:55	12:25-12:55
Question and answer	11:55-12:30	15:25-16:00	12:55-13:30	12:55-13:30	12:55-13:30



آکادمی ملی المپیک جمهوری اسلامی ایران
N.O.A.I.R.IRAN